MOM IN BALANCE NEW YORK WINTER HOLIDAY SCHEDULE 2018/2019

Mom in Balance is closed from 12/23-12/28

	Central Park					Battery Park					Prospect Park				
Week	Date	Time	Location	Workout	Trainer	Date	Time	Location	Workout	Trainer	Date	Time	Location	Workout	Trainer
53	Sa 12/29	09:00	81 St/CP West	Combined Class	Sarah	No classes!					Sa 12/29	08;30AM	3rd St	Combined Class	Aynsley
1	We 01/02	8:00 PM	E76th St/UES	Mpower	Rachel	We 01/02	6:45 AM	West Thames Park	Combined Class	Verena	Thu 01/03	9:00AM	3rd St	Mpower	Verena
	Thu 01/03	11:30AM	E61 St/UES	Pregnant/Back In Shape	Rachel	We 01//02	9:00 AM	Pier 25	Mpower	Verena	Thu 01/03	10:00 AM	3rd St	Pregnant/Back in Shape	Verena
	Fr 01/04	9:30 AM	81 St/CP West	Combined Class		Fr 01/04	7:00 AM	West Thames Park	Combined Class	Leighann	Sa 01/05	8:30 AM	3rd St	Combined Class	Leighann
	Sa 01/05	9:00 AM	81 St/CP West	Combined class	Sarah										